

North of England Mental Health Development Unit

A new Mental Health Development Unit for the North of England

Welcome to the first issue of the North of England Mental Health Development Unit newsletter. The Development Unit is a Social Enterprise and company limited by guarantee, established by two members of the former NHS-hosted and funded North East Mental Health Development Unit.

The new North of England Mental Health Development Unit aims to improve the mental health and social wellbeing of local communities by:

- Working alongside statutory and independent organisations to develop and deliver their strategic objectives, increase their efficiency and capacity and deliver recovery focused outcomes;
- Working alongside service users and carers to develop an active role in their care as well as the development of health and social care services.

We are a group of expert change leaders in mental health, who:

- Source and transfer best practice
- Create partnerships and connections
- Provide access to a wide range of expertise via a large network of associates
- Develop bespoke solutions to organisational challenges
- Deliver national initiatives regionally
- Attract investment and expertise into the region
- Are independent of other organisations
- Have the skills and experience to manage projects which cross organisational boundaries

As a social enterprise we aim to re-invest a proportion of our resources to support the development of organisations whose beneficiaries are socially excluded and vulnerable people across the North of England.

Our Board of Directors

The North of England Mental Health Development Unit Social Enterprise has been established with a Board of Directors. The Board comprises:

Executive Directors:

Dave Belshaw
Paul Johnson

Non-Executive Directors:

Margaret Adams
Dr Hugh Griffiths
Julie Kilgour
Oliver Wood



Supporting better mental health

A few words from the Directors...

While health and social care are going through a period of major transition, it is even more important for mental health to maintain as high a profile as possible across the North of England, not least to ensure the current status of mental health does not decline, but also to ensure a strong focus on mental health amidst the emergence and establishment of new organisations and structures.

We are setting up the North of England Mental Health Development Unit as a flexible, responsive service which is able to plug gaps in capacity and skills and at the same time provide bespoke improvement solutions.

In a time when both statutory and independent sector organisations are feeling pressures due to austerity measures we have specifically designed the new NEMHDU to be lean, drawing upon a wide range of associates whose skills and expertise can be engaged as required - we like to think of it as 'pay as you go' service development .

In establishing NEMHDU as a social enterprise, we have in place a strong Board of Directors who will help us establish transparent governance, strategy and vision for the organisation. They will also make sure we retain our core value of working in partnership with service users and carers to ensure that the work we do results in services that are as good as possible for those who are using them.

Historically, the NHS-funded North East Mental Health Development Unit and its predecessor organisations, always placed high value on supporting colleagues in the third sector. It is important to us that this continues and to this end we have set up the North of England Mental Health Development Unit with the social aim of reinvesting surplus resources back into this sector. As always, NEMHDU will not be a funding organisation, but our reinvestment will be in the form of offering our skills and knowledge free of charge whenever possible.

You will continue to see us both 'doing the rounds' – please feel free to give us a call if you have any ideas, queries or any projects you would like to discuss. If we don't see you beforehand, we'd like to wish you all a Happy Christmas and a prosperous New Year.

Dave and Paul.

Dave.belshaw@nemhdu.org.uk

Tel: 07769 695716

Paul.johnson@nemhdu.org.uk

Tel: 07919 173917

Dave and Paul are the 'face' of the Development Unit, being first point of contact for all partners. Other members of the Board will provide direction and governance for the Development Unit and bring a wide range of skills and experience to the group. Each month, we will 'spotlight' one of our Non-Executive Directors, starting this month on page 4 with Dr Hugh Griffiths, currently National Clinical Director for Mental Health with the Department of Health.



Dave Belshaw

spent the early years of his working life as an outdoor activities instructor, taking groups climbing, canoeing and orienteering before moving on to train as a psychiatric nurse

in the late 80's and then working in a variety of statutory and voluntary sector settings before settling in community nursing.

Dave spent a number of years working in primary care as a CPN before moving into management, covering primary care, crisis and deliberate self harm services. A brief spell in project management followed before Dave moved to the Northern Centre for Mental Health, which quickly became the National Institute for Mental Health in England (NIMHE) and then the Care Services Improvement Partnership (CSIP). One of only eight in the country Dave became the service improvement lead for the regional NIMHE development centre and established a service improvement team covering the North East, Yorkshire and Humber.

More recently Dave, for two years, was the national programme lead for Mental Health First Aid, playing a key role in establishing it as a successful national social enterprise, before becoming Head of the former NHS-hosted NEMH DU in September of 2009 and developing a strong network amongst the statutory agencies providing and commissioning health and social care.

Dave has a demonstrated record of commitment to the development of high quality services and systems and has a track record of delivering complex high-level projects.

Paul Johnson

has worked for over 33 years within mental health in NHS, social care and third sector settings. During his career Paul has focused on supporting

service user and carer involvement and the development of service user led organisations.

He has also had experience as lead officer for a Local Authority on the regional disaster planning team and developing the Local Authority and community responses to major disasters within the region.

After spending 5 years working within the voluntary sector as Regional Director of a national charity he moved back to the statutory sector in 2000. It was then he focused on involving people and communities within the development of services and care pathways, with an emphasis on recovery. This saw him working with Community Health Councils, Patient Forums, and establishing Patient Advice and Liaison Services and service user and carer monitoring of services. During this time Paul was also a member of the executive board overseeing the amalgamation of three mental health organisations into a single Mental Health Trust.

Since 2004 he has worked with NIMHE, CSIP and the former NHS-funded North East Mental Health Development Unit.

Paul has experienced mental health issues personally since the mid 1990s and is well known for his commitment to the development of high quality services and systems. Paul has a track record of delivering complex projects to very tight deadlines across diverse groups of organisations.



Spotlight on... Dr Hugh Griffiths

Dr Hugh Griffiths has been a consultant psychiatrist in the North East of England since 1988 and for eight years (until December 2002) was an NHS Trust Medical Director. In 2000 he also became Medical Director of the Northern Centre for Mental Health where he undertook a variety of work including the development of changing roles for consultants, support for medical managers and clinical leadership of the Mental Health Collaborative.



He was Director of Policy and Knowledge Management for the NHS Clinical Governance Support Team from 2003 until April 2004 and from then until April 2010 was Deputy National Clinical Director for Mental Health (England). Since then he has been the National Clinical Director for Mental Health (England). He continues in part-time clinical practice.

Speaking about his decision to join the Board of the North of England Mental Health Development Unit, Dr Griffiths said:

"I was delighted and reassured to learn of the establishment of the North of England Mental Health Development Unit Social Enterprise as there is a real need for an organisation that can provide independent expertise to support continued improvements in mental health care across the North of England. With the ability to work across sectors and geographical boundaries, and with an established network of associates with a wide range of skills and experience, the Development Unit is ideally placed to drive mental health service development and improvement across the newly emerging health and social care structures.

"I had no hesitation in joining the Board of Directors and hope to bring a national perspective to the Board as well as my experience of working within the region for over 30 years."

Early Work

NEMHDU has just started supporting the Commercial team in County Durham PCT. As the PCT focus turns to contracts NEMHDU is providing some capacity to ensure that the **NHS Operating Framework priorities for mental health** continue to be delivered and that ongoing mental health projects continue to be developed. Working closely with Catherine Parker, NEMHDU will provide this capacity up to the end of March 2012.

NEMHDU is also in discussion with Clinical Commissioning Groups about the potential for completing **options appraisals on areas of development around mental health** and also with some organisations around facilitating some **development time for teams and services**.

Policy News

The next four pages give a quick round-up of Department of Health policy announcements and publications, with links to the relevant pages on the Department of Health and partner organisation websites.

Accelerating adoption of innovation in the NHS

5 December, 2011

The report, *Innovation Health and Wealth: accelerating adoption and diffusion in the NHS*, published today, sets out a delivery agenda for spreading innovation at pace and scale throughout the NHS.

Innovation must be encouraged and nurtured. Designing and implementing change will need all parts of the health and social care system to plan and improve together. This report requires all NHS organisations to build the actions set out into their planning processes, for 2012/13.

<http://www.dh.gov.uk/health/2011/12/nhs-adopting-innovation>

Forensic and Challenging Behaviour Sub Group Report published

2 December, 2011

This report summarises the work undertaken by the Forensic and Challenging Behaviour Product Review Sub Group over the past 12 months. It builds upon two strands of work previously undertaken:

- the first being the development of a clinically derived set of descriptors piloted by a group of London Medium Secure Units and
- the second being a modification of the mental health clustering tool (MHCT) and the 21 Clusters mandated for use in working aged adult and older peoples services, piloted by two trusts in the north east of England.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131596

PbR Quality and Outcomes Indicators Report

2 December, 2011

This report describes the progress made to date in responding to the request from the National Project Board for Mental Health Payment by Results (PbR) to develop an approach that ensures quality indicators and outcome measures are an integral part of the PbR process, and in particular that they encourage the correct incentives.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131578

Protecting and Promoting Patients Interests: the role of Sector Regulation

1 December, 2011

This briefing document sets out the context for sector regulation in the NHS, including its overarching aims and strategy for improvements. Key elements of the Future Forum report, re-committal and amendments at Commons Report, concerned Part 3 of the Health and Social Care Bill, Regulation of Health and Adult Social Care.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131609

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Policy News—continued

Substance misuse services in adult prisons in England

25 November, 2011

As part of the Government's October 2010 spending review, responsibility for the funding of non-clinical substance misuse services in contracted adult prisons in England transferred to NHS primary care trusts. This letter published jointly today by the Department and National Offender Management Service outlines the next steps required to integrate substance misuse services in prisons.

http://www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Dearcolleagueletters/DH_131482

New NHS operating framework published

24 November, 2011

The new NHS operating framework setting out the business and planning arrangements for the NHS in England for the next year has been published. The Operating Framework for the NHS in England 2012/13 describes the national priorities, system levers and enablers needed for NHS organisations to maintain and improve the quality of services provided, while delivering transformational change and maintaining financial stability.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131360

The Adult Social Care Outcomes Framework: Handbook of definitions

23 November 2011

Following a Government commitment, the Department has published this data definitions handbook, which sets out the technical detail of each measure in the Adult Social Care Outcomes Framework (ASCOF), with worked examples, to minimise confusion and inconsistency in reporting and interpretation. Download the handbook at:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131059

Personal health budgets update – October 2011

22 November 2011

A pilot programme involving around half the primary care trusts in England is currently underway to test out personal health budgets in the NHS. The latest edition of the personal health budgets newsletter has been published and is available to download at:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131012

New Report: 'New Approaches to Supporting Carers' Health and Wellbeing'

15 November 2011

The Centre for International Research on Care, Labour and Equalities (CIRCLE) is pleased to announce the publication of its latest report 'New Approaches to Supporting Carers' Health and Well-being'. The Department of Health funded project studied the impact and effectiveness of 25 multi-agency projects set up to explore new and innovative ways of supporting carers through carers' breaks, health checks and NHS support. Read more at:

<http://www.sociology.leeds.ac.uk/circle/news/new-approaches.php>

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Policy News—continued

Personal Health Budgets DVD

14 November 2011

A personal health budget allows people to have more choice, flexibility and control over the health services and care they receive. The Department of Health launched a pilot programme in October 2011, involving around half the primary care trusts in England, to test out personal health budgets in the NHS. This DVD shares the experience of people in the personal health budgets pilot programme. For more information visit: <http://www.dh.gov.uk/health/2011/11/phb-dvd>

Department of Health response to the CCP's report on patient choice

14 November 2011

The Department of Health has now published the response to the Co-operation and Competition Panel's (CCP's) recommendations to ensure patient choice is protected. The CCP published their report in July where they looked at the implementation of patient choice in the NHS and in particular any instances where primary care trusts were not acting in the best interests of patients or the taxpayer. Download the report from:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131087

NHS Equality Delivery System (EDS)

10 November 2011

The Equality Delivery System (EDS) for the NHS was made available to the NHS on 29 July 2011. The versions of the EDS Main Text, and the accompanying Grades Manual, were updated on 10 November 2011 to take account of changes in the NHS since July, and to reflect emerging implementation themes. The Easy Read document, which summarises the Steps for Implementation has been updated by MENCAP. The other three documents are unchanged. Read more at:

<http://www.eastmidlands.nhs.uk/about-us/inclusion/eds/>

Launch of dementia campaign

7 November 2011

A new campaign to raise awareness of the early signs and symptoms of dementia has been launched. The £2 million campaign will feature TV, radio and print ads. Aimed at encouraging more people to seek an early diagnosis of dementia, the campaign targets the family and friends of people at risk of dementia, who are likely to be the first to see the signs and can encourage their loved one to see their GP. See: <http://mediacentre.dh.gov.uk/2011/11/07/dementia-campaign>

Reports published on investment levels in mental health services

2 November, 2011

The Department of Health has published the latest annual reports on the level of investment in mental health services:

- The National Survey of Investment in Adult Mental Health Services; and
 - The National Survey of Investment In Mental Health Services for Older People
- For further information go to:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_117488

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Policy News—continued

Centre for Social Justice mental health report launch

31 October 2011

The Centre for Social Justice has launched its report “Completing the revolution – transforming mental health and tackling poverty”, which has looked at a public health approach to improving mental health responses in poor communities. Read the DH response to the report at:

<http://mediacentre.dh.gov.uk/2011/10/31/centre-for-social-justice-mental-health-report-launch>

Download the report:

http://www.centreforsocialjustice.org.uk/client/downloads/CSJ_Mental_Health_Full_Report_WEBNEW.pdf

Launch of Phase One of Children and Young People’s IAPT

25 October 2011

Ministers have announced an investment of £32 million over the next four years in Children and Young People's Improving Access to Psychological Therapies (IAPT) programme, taking the successful parts of the Adult IAPT programme and adapting them for children and young people. For further information, see:

<http://www.dh.gov.uk/health/2011/10/improved-mental-health-therapies-for-children>

Developing the NHS Commissioning Board - update

21 October 2011

In July 'Developing the NHS Commissioning Board' set out initial thinking for how, subject to the passage of the Health and Social Care Bill, the new commissioning system could work in the future and provided some early thinking about the role of the NHS Commissioning Board (NHS CB). This update note provides further information on the development of the NHS CB.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_130725

Preparing for HealthWatch

20 October 2011

When HealthWatch launches in October 2012, it will play a role at both national and local level and will make sure that the views of the public are taken into account. A number of essential activities will take place over the next 12 months to ensure HealthWatch is fully functional. For more information on these activities see the setup plan: <http://www.cqc.org.uk/public/news/preparing-healthwatch>

Health & Social Care Volunteering Fund

17 October 2011

A new vision for volunteering in health and social care was unveiled on 17 October by Care Services Minister Paul Burstow in Birmingham. Up to £2.6 million will be available for national volunteering and social action projects in 2012.

The Health and Social Care Volunteering Fund has two distinct grant schemes—one for local organisation grants and one for national organisation grants.

For more information go to: <http://www.volunteeringfund.com>

Www.nemhdu.org.uk

The North of England Mental Health Development Unit has taken over the former NHS-funded NEMHDU website: www.nemhdu.org.uk, which has just been redeveloped to reflect the change in organisation.

Please take a few minutes to have a look at the site—and save it to your ‘favourites’ so that you can keep checking back as we develop the site further over the coming months. There’s a screen shot of the website home page below, so you know what to expect. Please do get in touch if you have any comments or queries about the website, or for a chat about what we can offer.

The screenshot shows the website's header with navigation links: Text size, A A A Accessibility Statement, Text only version, Blogs, Log in, Site map, Email subscriptions, RSS feed, Send to a friend, Contact us, and a search bar with 'Advanced search options'. The main heading is 'North of England Mental Health Development Unit'. Below this is a secondary navigation bar with links: Home, About Us, Contact Us, Current Work, News, Events, Publications, and an RSS feed link for 'Latest updates'. The main content area starts with a welcome message: 'Welcome to the North of England Mental Health Development Unit website'. It then provides background information: 'The North of England Mental Health Development Unit is a Social Enterprise and company limited by guarantee, established in November 2011 by two members of the former NHS-hosted and funded North East Mental Health Development Unit.' This is followed by a statement of purpose: 'The new North of England Mental Health Development Unit aims to improve the mental health and social wellbeing of local communities by:' and a bulleted list of goals: 'working alongside statutory and independent organisations to develop and deliver their strategic objectives, increase their efficiency and capacity and deliver recovery focused outcomes;' and 'working alongside service users and carers to develop an active role in their care as well as the development of health and social care services.' A paragraph follows: 'As a social enterprise we aim to reinvest a proportion of our resources to support the development of organisations whose beneficiaries are socially excluded and vulnerable people across the North of England.' A horizontal line separates this from the next section: 'We are a group of expert change leaders in mental health who:' followed by a list of capabilities: '> source and transfer best practice', '> create partnerships and connections', '> provide access to a wide range of expertise via a large network of associates', '> develop bespoke solutions to organisational challenges', '> deliver national initiatives regionally', '> attract investment and expertise into the region', '> are independent of other organisations', and '> have the skills and experience to manage projects which cross organisational boundaries.' To the right of this list is an illustration of two stylized human figures in vibrant colors (purple, blue, green, yellow) reaching up to hold a globe of the Earth. Below the illustration is the text 'Supporting better mental health'.